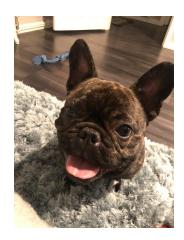


August 2022

# Sorry It's Been So Long



Hi everyone, I hope this update finds you all well and I apologise that it's been so long since I've been in touch to provide an update.

You've all kept me on my toes with appointments and as most of you know I've been off gallivanting here, there and everywhere on lot's of amazing trips that were postponed due to the pandemic. But it's back to business as usual now, albeit still very busy, both in and out of the treatment room.

I'd like to start off by thanking you all so much for your patience with this little dude. He's slowly getting better with you all coming in and out of the house now. Ignoring and just walking past him has definitely helped with his rehab!!!!

Let's Move on

As you've probably noticed I've now stopped wearing my face mask in the salon. I think it's now time to start moving forward from the pandemic and getting back to normal. However, if you feel uneasy about my decision to stop wearing a mask, and you'd prefer me to wear one please let me know and I'll happily pop one on. I also respect that some of you still wish to wear your mask while in the salon too.

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# **Holiday Season**



FINALLY It's the holiday season and we're able to get away on all those lovely holidays that we've missed out on over the last couple of years.

I've had my fair share of holidays already this year, Portugal, Lanzarote and Italy plus later in the year I will be off to Guernsey and Cyprus!

Most of you have booked your holiday appointments now, but if you haven't, don't leave it too much longer before you do as there aren't many left and you don't want to miss out on getting those trotters beach ready!

Don't forget to pack those all important protective skin care products. I have travel size options, so please just ask.

## https://www.beautyatobelisk.co.uk/retail

I look forward to hearing all about your travels and please PLEASE keep bringing this beautiful weather back with you!!!

# **Working Hours**



I'm going to make a couple of adjustments with my working hours, and this will take effect from 1st September.

Monday 10am - 4pm Tuesday Closed Wednesday 10am - 4pm Thursday 10am - 8pm Friday 10am - 6pm Saturday 9am - 3pm Sunday Closed

I will remain closed on Bank Holidays and alternate Saturdays, so that I can continue spending precious time with Kiel, Phoebe, Sophie and of course Rodney.

I have scheduled some time off for the following dates:
12th August - 19th August
20th October - 27th October
25th November - 28th November
24th December - 2nd January

My hours will no doubt change during December to accommodate as many of you as I can for the festive season.

My eldest daughter will be doing her GCSE's next year so just to forewarn you I shall be taking and collecting her to and from school throughout her exams. This will mean a reduced service during May and June next year.

# What's up and coming

Last year I had been working hard updating the body treatments that I offer in the salon which have gone down like a storm.

This year I have concentrated more on the reflexology side of things and have completed a certification in Foot Reading and Oncology Reflexology. I plan to use both of these new certifications in the treatment room and also within Cynthia Spencer Hospice to help support carers and patients going through end of life treatment.

I'm also finishing up a Limbic System Reflexology course which I hope will help me further support those suffering with symptoms linked to hormonal imbalances.

# **Macmillan Coffee Morning 1st October**



Every year I like to support Macmillan by hosting a coffee morning. This year it is scheduled to take place on Saturday 1st October. Drop in anytime between 10am and 1pm.

As always I will be running a raffle to win some beautiful Eve Taylor products, with ALL proceeds going to Macmillan.

So let's get together for a natter, coffee and cake. There is no need to bring anything, just a few pennies to make a donation to Macmillan.

Thanks in advance for your support

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# **Appointments & Cancellations**

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My diary is now filling up quicker than ever so I recommend that you have your next 3 - 4 appointments in the diary before you leave the salon.

Over the last couple of years I have been extremely lenient when it comes to allowing you to cancel appointments at short notice.

However I would just like to remind you that your appointment is reserved specifically for you, so I therefore respectfully ask that you notify me at least 48 hours in advance if you wish to cancel or reschedule your appointment for any reason.

If I receive less than 48 hours notice of cancellation 50% of the treatment cost will be charged. Less than 24 hours or 'No shows' will be charged the full cost of the treatment and any future appointments will be cancelled until debt is paid.

When it comes to covid I still prefer that you do not come to your appointment if you have covid 19. I would appreciate you letting me know as soon as you test positive and not leave this until the day before or on the day of your appointment to cancel.

If you decide to not come to your appointment because you have been in contact with someone who has covid, but you are not showing symptoms and you haven't tested positive I will charge you 100% of your booking if you cancel less than 24 hours before your appointment.

If you have been unwell with any illness a few days before your appointment please do not wait till last minute to cancel your appointment, as it's unlikely that you are going to make a miraculous recovery within this time period.

I completely understand that things can happen at the last minute and I'd like to assure you that I will be sympathetic in certain circumstances. Regrettably, I have had to put these measures back in place because of the sheer volume of late cancellations and no shows that have occurred over the last month.

This isn't the easiest of messages to convey, or nice for me to enforce, but this is my livelihood and it's how I put food on the table and clothes on my children's back.

Thank you for your understanding and cooperation

https://www.beautyatobelisk.co.uk/cancellation-policy/

#### **Price Increases**

Due to the increase in prices on just about everything at the moment, I've had to sit down and look at the costs to run my business.

As there have been rises in electricity, gas, treatment products, insurance, and general cost of living, I have done some calculations and increased some of my treatment prices.

These price increases can be seen on my website and the treatment list that I have had printed and is now displayed in the treatment room. The price increases will come into effect on 1st August.

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### **Christmas**



Yep I'm 'C' bombing you already!!! I have scheduled another Prosecco and Pie evening for Thursday 24th November 7pm - 10pm. There will be lots of lovely gift ideas for all your loved ones. I will be supporting a charity again this year which I'm yet to select, so if you have any ideas then please do let me know. I normally like to support a childrens' charity at this time of year, as Christmas really is all about children.

So That's All The News I Have To Tell You Folks.

Sending Lots Of Love & I'll See You All At Your Next Appointments